

# Performance Dinghy Policy | Wilsonian SC



Junior Training, Cruising or Racing into Performance Dinghies.

Encouraging junior sailors to sail a variety of dinghies, including single and double handed performance and racing dinghies.

This policy provides guidance to CDOs, Senior Instructors, Dinghy Instructors and Safety Boat Helms where junior sailors wish to sail performance or racing dinghies at \*organised club events.

The Club needs to ensure that sailing is undertaken in a safe environment not only for the sailors but also for instructors, coaches, and safety boat crews during organised club sailing activities.

Before sailors take to the water during organised club activities the following actions must be followed.....

In the first instance following the delivery of the dinghy to the Club, the junior sailor(s) must make the Chief Sailing Instructor, Training Principal, or a Senior Instructor aware of the dinghy they have purchased or wish to sail prior to training or racing.

The Chief Sailing Instructor, Training Principal or Senior Instructor / Dinghy Instructor is to agree that the sailor has the requisite skills required to sail the dinghy within the Club's defined operating area for junior sailors or the proposed race area and that the boat is of a seaworthy condition.

This decision will be recorded in a log, both in electronic and hard copy format within the training filing system.

Requisite skills would be defined as being able to sail a triangular course in a seamanlike manner in variable wind conditions, be capable of recovering the proposed boat from a full inversion capsize and have sufficient practical experience and time on the water to provide a minimum level of skill required to handle the dinghy in question.

Where the dinghy in question is not the sailor's regular dinghy sailed, even where permission has been given to sail the dinghy on prior occasions, it will be the decision of the CDO, Senior Instructor, Dinghy Instructor or Safety boat helm whether or not the boat can take part in an organized club activity.

Permission must be obtained before going on the water from one of the above.

(Examples being that you regularly sail a Tera Sport but want to sail a Laser Radial or you sail a Laser Radial and want to sail an RS100, or normally sail a Feva but want to take out a 29er and the wind is F5 - F6, this may not be allowed on this particular day. However, the following week is a nice steady F3, then it would be unlikely that there would be restrictions.)

This may be dependent on the conditions of the day, number of safety boats available on the water or the number of instructors available to oversee sailing.

The sailors must follow any instructions given, such as sailing area restrictions, mast head floats, safety briefing instructions and any other restrictions given by the instructors, safety boat helms or CDO.

Where the CDO, Senior Instructor or Dinghy Instructors along with any safety boat helms deem it necessary to request a dinghy helm (& crew) do not go afloat or when afloat to return to the Club for their own safety or the safety of others, these instructions must be followed.

\*Organised club events include, but not limited to events such as...

Saturday Skimmers, Adult Rookies, Sunday Racing, Cruising, Open Days, Medway Dinghy Regatta and Training Camps such as KSSA events.